

Wayside House Recovery Oriented System of Care (ROSC)

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Recovery Oriented System of Care is a tag line which simply means meeting the client where they are and providing necessary supports and services on an episodic basis to help clients remain clean and sober.

How do we achieve this at Wayside House, Inc.?

We help clients build a recovery community which consists of many resources in our community. The services offered at Wayside House are just a fraction of what a client needs.

We provide up to 90 days of treatment in Residential Level 1, up to 45 days of treatment in day/night or day/night with community services, 24 weeks of Intensive Outpatient Services, Individual sessions, Peer Support Services, Case Management, Housing/Rapid Re-housing, Psychiatric Services, Family Program, Medication Assisted Treatment, basic primary care, Career Services and have an active alumni group who supports our clients.

All of these services are supported by Southeast Florida Behavioral Health Network - one of our funding partners.

How do the above services fit into the ROSC model?

We simply treat the whole person.

We believe that without the aforementioned services, we risk meeting the client's basic needs which can lead to relapse, so we identify stages of readiness and case management needs such as medical, dental, legal, DCF involvement, bills that need to be paid, obtaining an ID card, getting food stamps, finding housing and any other need a client identifies.

This happens the first week and clients also get established at a primary care site with the PBC Health Care District, Countryside or Genesis Community Health which are all local health clinics in Palm Beach County.

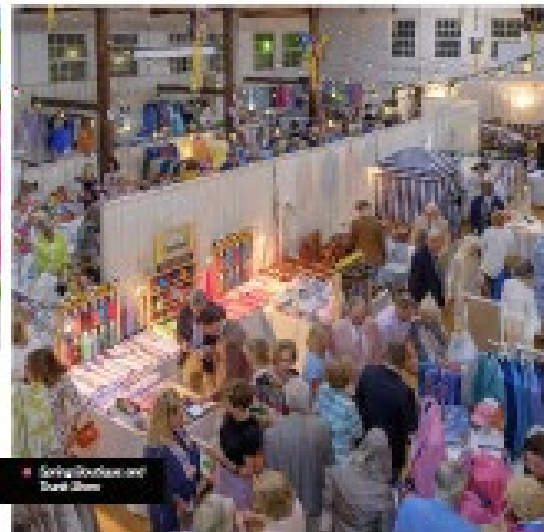
Every client is assigned a Certified Peer Recovery Specialist (CPRS) and these staff members are crucial as they will be the lifeline for the client throughout their long-term recovery.

We also have a weekly group for clients who are no longer in services but wish to come back and discuss problems or needs they have. If the client chooses, the CPRS works with them on an individualized basis.



Wayside House Inc. CEO Lisa Henninger with Amy Williams and Britt Tate

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Spring Gala and Fund Drive



The Wayside House team at a local housing board chair, Arthur L. Leonard - a former House graduate - in being nominated for election of the firm by the American Legion

Substance Use Disorder Treatment

The above model is also used for Substance Use Disorder Treatment (SUD) and it builds recovery capital, meets the client's basic needs and helps plant the seeds for life after SUD.

During the first week, we also obtain a bio-psychosocial that identifies problems to address such as mental health, medication assisted treatment or trauma and we build a plan of care with the client to start working on the problems and how to address them in treatment at Wayside House and in the community.

Over the years, we have built a toolbox of 12 modules dealing with emotion of health. These modules help clients identify their emotions and obtain skills to work through the emotion and have three components:

- Education group
- Experiential group
- Implementation

We also offer Equine Therapy, Psychoedms, individualized therapy, family counseling and other groups to help clients understand SUD and learn skills to stay clean and sober.



Even dogs like to stay with the Wayside House team.

Put all this together and that's what treatment looks like at Wayside House today.

Sometimes the needs of clients have nothing to do with what is traditionally considered SUD. However, those needs must be addressed so the client can focus on obtaining needed skills to remain clean and sober.

After all, it takes a village.

ROSC helps put a framework around what we do and how we approach our clients.

We want the client to take the lead and take responsibility for their recovery. When clients leave treatment, we want them to have skills to stay clean and sober, have a place to live, have a job, a lifeline back to Wayside House (CPRS), have recovery capital and know how to obtain resources in the community.

This gives a client a great head start to keep clean and sober.

The Death is a space for faith-based people who intend to share their thoughts, guidance, encouragement, what they're experiencing, and more. It's confidential, and your a free loan to www.deathis.com with "The Depth" in the subject line.